

Strengths and Weaknesses

We all have things we are good at and bad at. It is important to be aware of both, so that we can use our strengths and work on our weaknesses. If you're bad at math, you need to know how to use a calculator. If you tend to be late, you need a watch. Think of each situation. Think of your strengths in that situation and your weaknesses. Remember, sometimes a weakness in one area is strength in another. Being talkative can be bad in school but good in business.

Strengths

Weaknesses

At Work and School:

A diagram for 'At Work and School' showing a central human silhouette. To the left is a large inverted trapezoid labeled 'Strengths', and to the right is a large trapezoid labeled 'Weaknesses'.

At Home and with Family:

A diagram for 'At Home and with Family' showing a central human silhouette. To the left is a large trapezoid labeled 'Strengths', and to the right is a large inverted trapezoid labeled 'Weaknesses'.

With friends and in Relationships:

A diagram for 'With friends and in Relationships' showing a central human silhouette. To the left is a large inverted trapezoid labeled 'Strengths', and to the right is a large trapezoid labeled 'Weaknesses'.

