**REFLECTIVE JOURNAL ENTRY**

**JOURNAL ENTRY 1:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My initial thoughts on the Community Study were:**

**How am I feeling about my topic and the start of my project?**

**What do I want to achieve (goals) during the Community Study?**

**Is there anything that could get in my way from achieving my goals?**

**What do I need to put in place to use to achieve my goals?**

**JOURNAL ENTRY 2:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 3:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 4:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 5:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 6:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 7:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 8:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 9:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 10:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 11:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 12:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 13:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 14:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 15:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 16:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 17:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 18:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 19:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 20:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 21:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**

**JOURNAL ENTRY 22:**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This week I did:**

**(Include things like planning, researching, contacts, interviews, reflections and presentations etc)**

**What successes and challenges has this week brought?**

**Next week I plan to?**